



THE
LITTLE NELL







CLIP-IN CYCLING CAMP

ASPEN, COLORADO
SEPTEMBER 9 - 13, 2024

SCHEDULE OF EVENTS

MONDAY, SEPTEMBER 9 - ARRIVAL DAY				
	2 - 5 PM Ventum Bike Fitting in The Grand Salon	4 PM Hotel Check-In	5 - 6 PM Optional Group Warm Up Ride <i>*Meet in the Lower Gondola Plaza</i>	6:30 - 8:30 PM Opening Reception presented by Whispering Angel in the Pool Courtyard and Wine Bar
TUESDAY, SEPTEMBER 10				
7 - 9 AM Breakfast in Element 47 at your leisure	8:45 AM Meet in Lower Gondola Plaza in The Nell X The Feed Kit	9 AM RIDE USA Pro Challenge Loop	1 - 3:30 PM Lunch at the ASPENX Mountain Club <i>*Smart Casual Attire *Meet at the front drive at 1 pm for ground transfers to the top</i>	7 - 9 PM Bites, Beverages & Billiards in The Board Room
WEDNESDAY, SEPTEMBER 11				
7 - 9 AM Breakfast in Element 47 at your leisure	8:45 AM Meet in Lower Gondola Plaza in the Whispering Angel Kit <i>*Bring gear bag with change of clothes and shoes for lunch</i>	9 AM RIDE Castle Creek Road	11:30 AM - 2 PM Lunch at Hallam Lake in Aspen	6 PM Reception in the ASPENX Store 7 PM Dinner at Ajax Tavern inside
THURSDAY, SEPTEMBER 12				
7 - 9 AM Breakfast in Element 47 at your leisure	8:45 AM Meet in Lower Gondola Plaza in the ASPENX Kit	9 AM RIDE Aspen to Basalt or to Ruedi and back 1 PM Lunch at Ajax Tavern on the patio	6:15 PM Cocktail Reception in the pool courtyard <i>*Cocktail Attire for Reception & Gala Dinner</i>	7 PM Gala Dinner on the Element 47 patio 10 PM Nightcap in The Wine Cellar
FRIDAY, SEPTEMBER 13 - DEPARTURE DAY				
7 - 9 AM Breakfast in Element 47 at your leisure	12 PM Hotel Check-Out and departures			

RIDING DETAILS

TUESDAY, SEPTEMBER 10 USA PRO CYCLING CHALLENGE LOOP THE NELL X THE FEED KIT	WEDNESDAY, SEPTEMBER 11 ASHCROFT OUT & BACK, ENDING AT HALLAM LAKE WHISPERING ANGEL KIT						
TOTAL DISTANCE: 24.25 MILES TOTAL ASCENT: 2,378 FEET	TOTAL DISTANCE: 28 MILES TOTAL ASCENT: 2,003 FEET						
<table border="0"> <tr> <td>START 7,973 ft</td> <td>MAX 8,421 ft</td> <td>GAIN 2,378 ft</td> </tr> </table>  <p>0 4.8 9.8 14.5 24.25 DISTANCE IN MILES</p>	START 7,973 ft	MAX 8,421 ft	GAIN 2,378 ft	<table border="0"> <tr> <td>START 7,973 ft</td> <td>MAX 9,769 ft</td> <td>GAIN 2,003 ft</td> </tr> </table>  <p>0 7.2 15 22.5 28 DISTANCE IN MILES</p>	START 7,973 ft	MAX 9,769 ft	GAIN 2,003 ft
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THURSDAY, SEPTEMBER 12 ASPEN TO BASALT OR ASPEN TO RUEDI ASPENX KIT							
OPTION 1: ASPEN TO BASALT TOTAL DISTANCE: 36 MILES TOTAL ASCENT: 2,300 FEET	OPTION 2: ASPEN TO RUEDI TOTAL DISTANCE: 66 MILES TOTAL ASCENT: 1,300 FEET						
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**Please note that profiles are approximate estimates of the rides.*

CAMP INFORMATION

HOTEL CHECK-IN:

Hotel check-in is at 4 pm. If you arrive early and your room is not ready, you are welcome to leave your bags with the bell staff.

EVENTS:

Dress code is casual for all events, with the exception of select meals noted on the schedule of events. Dress warmly and bring extra layers, as evenings in the mountains can get cool.

BREAKFAST:

Each morning, enjoy the Element 47 breakfast at your leisure. Element 47 opens at 7 am.

CYCLIST SUPPORT:

Riders will be accompanied every step of the way, where permitted, by our pros and team mechanic, plus support vehicles stocked with food, beverages and spare parts. Rest assured; no rider will be left behind.

WATER BOTTLES:

The Feed will provide water bottles for each rider to keep you adequately hydrated. Each morning at Gondola Plaza, there will be dispensers with water or hydration mix that you can use to fill before your ride. Please let us know if you have additional requests.

PHOTOS:

Don't forget to smile as you ride, as our official photographer Steve Goff will be capturing all the action throughout the camp! We'll share a link to all photos post-camp.

KITS:

Three Pedal Mafia cycling kits will be provided to all camp participants. Please check the ride schedule to see which kit to wear each day.

GEAR BAG:

A gear bag with gifts will be provided for your convenience. Each morning, please pack any clothing or items in a bag you would like to send along in the SAG wagon and bring it with you to the front drive. These bags will travel alongside riders in accompanying vehicles and be accessible at designated stops.

BIKE STORAGE:

Riders will need to retrieve bikes from the bike rack that is around the corner from the hotel entrance desk. Upon return, riders must bring bikes back to the same bike rack.

DIOR SPA:

This summer, The Nell and Dior introduced a collaboration with Dioriviera and Dior Spa at The Little Nell, which has been such a success, it's now extended through September. As a special offer, you're invited to book a treatment at the Dior Spa during camp with a 15% reduction on services. Please see the spa menu and spa webpage and contact diorspa@thelittlenell.com or 970.920.6390 to book a treatment and be sure to mention you're part of Clip-In for the preferred rate.



PLEASE CONTACT US IF WE MAY PROVIDE ASSISTANCE DURING YOUR STAY:

MAY SELBY / MAIN CAMP CONTACT | 970.618.7669
CONCIERGE | 970.920.6365
TRANSPORTATION | 970.920.6304

PACKING LIST

ON THE BIKE

- Cycling jerseys or athletic shirts (for arrival day ride)
- Cycling shorts (for arrival day ride)
- Cycling shoes (if you bring your own pedals)
- Sneakers (if you don't bring your own pedals)
- Athletic socks
- Lightweight, waterproof, wind-resistant jacket or vest
- Bike saddle/cover (if you prefer your own)

OFF THE BIKE

- Walking shoes
- Long and short-sleeved shirts
- Sweater/jacket for evenings
- Dinner attire (dressy casual) + dress shoes
- Swimsuit

TRAVEL ITEMS*

- Emergency contacts
- Health insurance information
- Medications

*We recommend traveling with these items in your carry-on

ADDITIONAL ITEMS

- Cell phone and charger
- Power cord
- Toiletries
- Sunscreen, sunglasses, and other sun protection gear
- Insect repellent
- Chamois Cream

WHAT WE PROVIDE

- Cycling jerseys (3)
- Cycling bibs (3)
- Cycling socks (3)
- Cycling gloves (1)
- Bike
- Saddle
- Water bottle
- Snacks/nutrition each ride
- Gear bag
- Helmet
- Sunglasses
- Sunscreen

DO I NEED TO BRING SPECIAL CYCLING GEAR?

Be sure to bring your own cycling shoes and pedals. If you have never used clipless pedals before, we do not recommend trying them for the first time on this trip.

DRESSING FOR THE WEATHER

Aspen's weather can range from chilly mornings to hot days to afternoon rain showers. Please check extended forecasts before your trip and pack accordingly.

MEET THE PROS



CHRISTIAN VANDE VELDE

The son of U.S. Bicycling Hall of Fame inductee, John Vande Velde, Christian was raised on cycling and began riding at age 16. He has competed in most major cycling events including the World Cup, all three Grand Tours, two Olympic Games, eleven Tours de France (including two team victories and 4th and 7th best finishes) and won the 2012 USA Pro Challenge. Currently, Christian works as an analyst for NBC Sports for the Tour de France and the Olympics and is a guest instructor for Peloton. This is his 11th time leading The Nell's signature cycling camp. Instagram: @christianvdv



TRAVIS MCCABE

Travis McCabe is a highly accomplished professional cyclist known for his exceptional skills and achievements in competitive cycling. He has proven himself as a force to be reckoned with, accumulating 3 national criterium championships, over 21 professional road victories, and numerous podiums. His versatility and tactical acumen have made him a valuable asset in both sprint stages and demanding road races. Admired for his sportsmanship and positive influence, Travis serves as a role model for aspiring cyclists, inspiring them to pursue their dreams and push their boundaries. Instagram: @travis_mccabe



BOBBY JULICH

Former pro cyclist Bobby Julich is originally from Glenwood Springs just down the road from Aspen. Bobby raced professionally for 16 years, winning stages in both the Tour de France and Giro d'Italia, as well as an Olympic silver medal in 2004. He now writes a weekly column for Velo commenting on races, hot topics, innovations, and everything in between. Instagram: @bobby.julich

SUPPORT TEAM



DIAA NOUR

An accomplished businessman and lifelong athlete, Diaa co-founded Ventum LLC in 2015 after successfully exiting the telecom sector. Ventum began as a passion project seeking to change the bike industry by introducing new aerodynamic technology and the first triathlon-specific bike. As CEO of Ventum, Diaa has grown the business from a humble start-up in Miami to its current headquarters in Utah. He's led the development of the innovative NS1 road bike, GS1 gravel bike, and recent introduction of the ES1 electric bike. Ventum is the official bike sponsor for the camp. Instagram: @diaa10



BARRETT BRANDON

Barrett joined Ventum in 2019 after working in the Healthcare and Independent Service Organization space, and currently serves as the CFO. A former professional triathlete, he competed for eight years all over the world in competitions from Olympic distance to Ironman. These days he loves anything that involves two wheels and a gravel road. He most recently participated in The Migration Gravel Race, a semi supported four day stage race across the wilds of the Maasai Mara, Kenya. He spends most weekends grinding at local gravel races or in the mountains riding his bike up the steepest climbs you can find. Instagram: @barrettbrandon_

CLIP-IN CYCLING CAMP

THANK YOU TO OUR SPONSORS

 **VENTUM**

Ventum exists to provide every athlete with the highest caliber design, performance, and innovation. As the official bike sponsor for Clip-In, Ventum is providing the use of their state-of-the-art NS1 road bikes or ES1 electric bikes along with the support of a bike fitter and mechanic.

Pedal Mafia

With a considered approach to sustainable fabrics, business processes, and overall commitment to cycling, Pedal Mafia strives to achieve a modern wardrobe for the cycling enthusiast, weekend rider, or professional athlete.

Whispering Angel

Whispering Angel is the world's #1 rosé brand from Château d'Esclans, a stunning property situated in the heart of Provence, France. As an official sponsor of The Little Nell's Clip-In Cycling Camp, Whispering Angel will feature its renowned rosé at the welcome reception and provide a custom cycling kit for each participant.

The Feed.

The Feed fuels athletes from those who are winning world championships to athletes clipping in for their first bike ride. As the largest online marketplace for your favorite hydrations, gels, chews, recovery, and high-performance supplements, The Feed provides everything you need to fuel your best performance.

Supergoop!

HH
HELLY HANSEN

SMITH